

Timberline K-8 ICAP Activities

ICAP Grade 6-

Activity 1- Picture of Me

Activity 2 -Journal in CIC-Self-Reflection (quarterly)

Activity 3- Interest Profiler

Activity 4- Save 3 Careers of Interest

*Activity 5- Continuation of Self Management (Study and Social Skills)

Activity 1: Picture of Me

Counselors Will- Come into classes and introduce new ICAP SVVSD icon in CIC.

Teachers Will- Monitor students as they complete the survey for the “Picture of Me In The Future” activity.

Students Will- Log into CIC and go to “Your Portfolio” icon. Then, click on the St. Vrain Valley ICAP, scroll down to “Picture of Me In The Future” to complete the first activity titled, “Describe Yourself 20 Years In the Future”.

Standards:

CCSS.ELA-LITERACY.RI.6.7

Integrate information presented in different media or formats (e.g., visually, quantitatively) as well as in words to develop a coherent understanding of a topic or issue.

Activity 2: Journal in CIC Self-Reflection (quarterly) (SA)

Counselors Will- Be available for training and questions about CIC.

Teachers Will- In College in Colorado, under Your Portfolio for each quarter, have students reflect on their shorter-term thoughts and plans.

Students Will- At the start of each quarter, students will go into College in Colorado, and under Your Portfolio tab, go to “Your Journal” on the far right. Have students write out their shorter-term goals for the quarter. Then, at the end of the quarter, the students will do a reflection on their goals and plans for the future. (SA)

Standards:

CCSS.ELA-LITERACY.W.6.10

Write routinely over extended time frames (time for research, reflection, and revision) and shorter time frames (a single sitting or a day or two) for a range of discipline-specific tasks, purposes, and audiences.

Activity 3: Interest Profiler

Counselors Will- Come into classes and introduce Holland’s RIASEC Personality Theory which CIC’s Interest Profiler is based upon and make connections to why personality self awareness impacts student’s future learning and future career plans. [Holland's Theory Presentation](#)

Teachers Will- Have students guess their personality type after Counselor introduces Holland's RIASEC Personality Theory. Then after students guess, teachers will have students log onto CIC and have students take the Interest Profiler survey.

Students Will- Log into CIC and go to "Career Planning" then "Learn About Yourself", then "Interest Profiler". It will take 20 minutes. See Activity 4 for follow up lesson.

Standards:

CCSS.ELA-LITERACY.SL.6.2

Interpret information presented in diverse media and formats (e.g., visually, quantitatively, orally) and explain how it contributes to a topic, text, or issue under study.

CCSS.ELA-LITERACY.SL.6.1.D

Review the key ideas expressed and demonstrate understanding of multiple perspectives through reflection and paraphrasing.

Activity 4: Save 3 Careers of Interest (Extension of Activity 3)

Counselors Will- Model for students how to save careers to portfolio after students have successfully completed Interest Profiler in CIC.

Teachers Will- Provide assistance to students as they save careers to CIC.

Students Will- Explore and research briefly the three careers that sound interesting to them and save them to their portfolio in CIC.

Standards:

CCSS.ELA-LITERACY.CCRA.R.10

Read and comprehend complex literary and informational texts independently and proficiently.

***Activity 5- Self Management (Study and Social Skills) (SA, AP)**

Counselors Will- Come into classes and discuss importance of study habits as they progress through their education. Share with students the [Grades Count Presentation](#) with students.

Teachers Will- Decide what assessment students will create note cards for and then guide students through the process of creating note cards for notes they have taken in class. (This does not have to be note cards; it can be any type of study skill the teacher feels would be effective for the specific assessment).

Students Will- Demonstrate self-discipline by preparing and planning for an upcoming exam or assessment during class assignment